



**THE
PRESIDENT'S
COUNCIL ON
YOUTH FITNESS**

For the FITNESS of OUR YOUTH



Chairman

The Vice President of the United States

The Secretary of Defense

The Secretary of the Interior

The Secretary of Agriculture

The Secretary of Labor

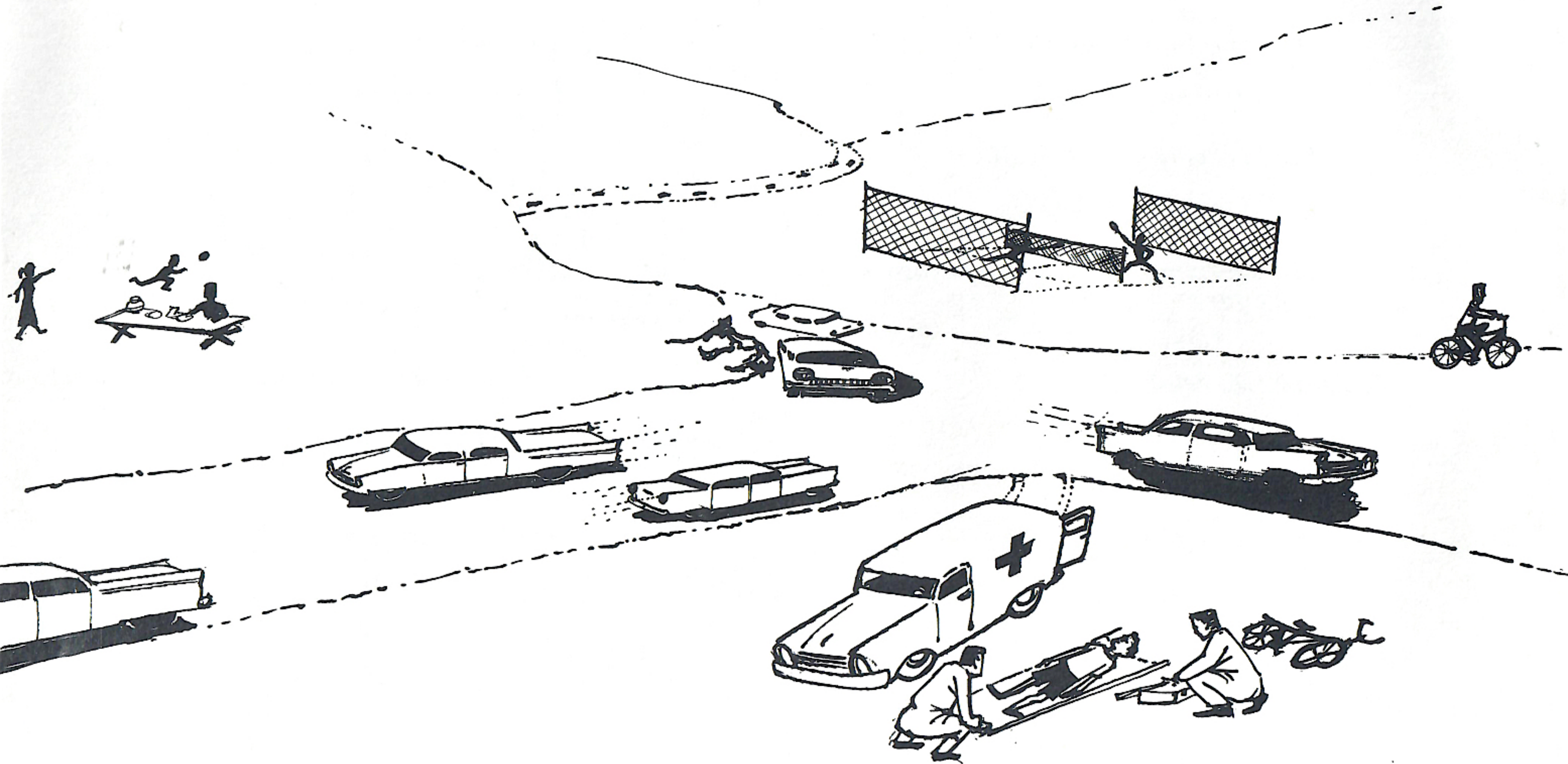
*The Secretary of Health, Education, and
Welfare*

Executive Director

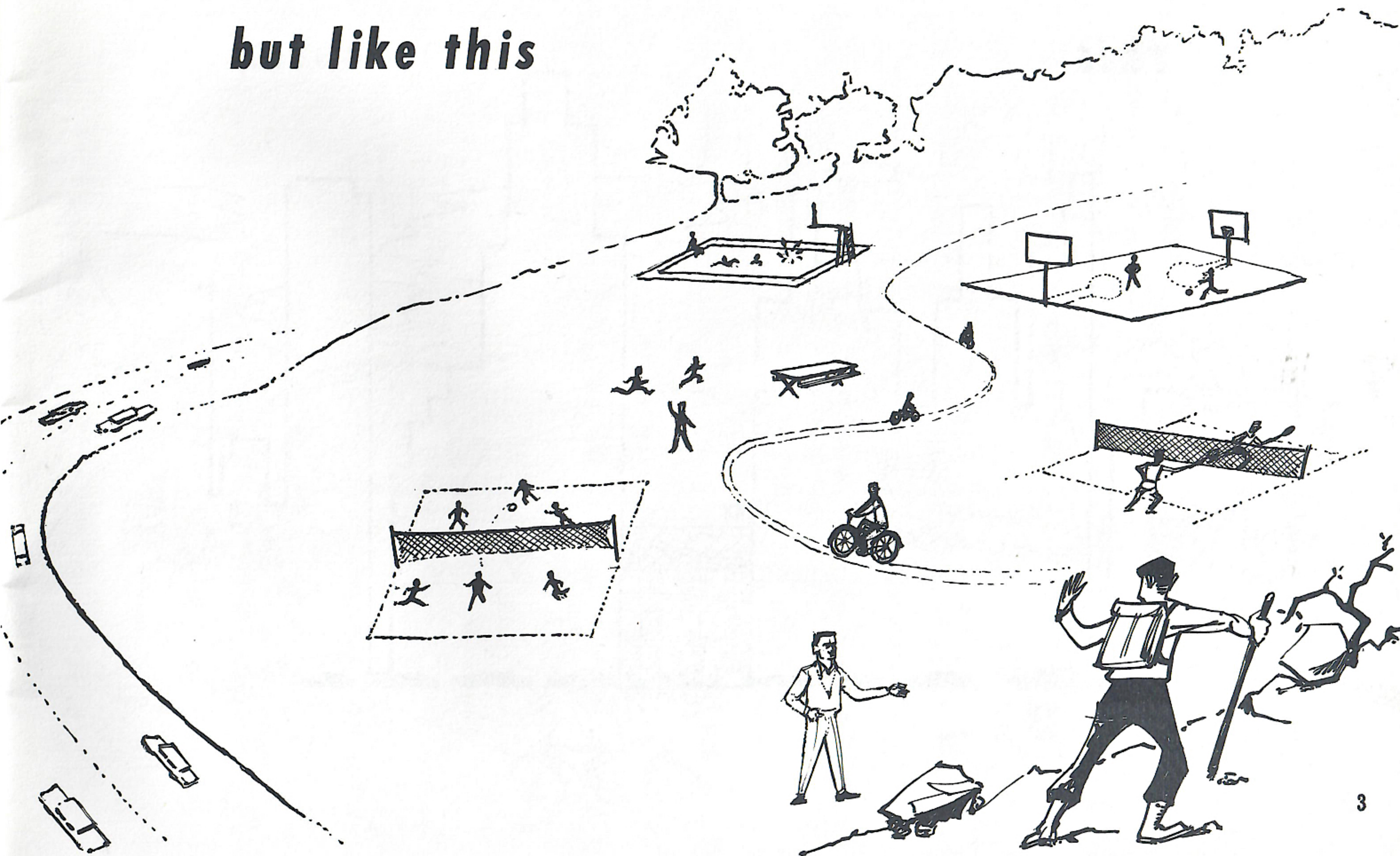
Shane MacCarthy



***National, State, and Local PARKS
should not look like
this***

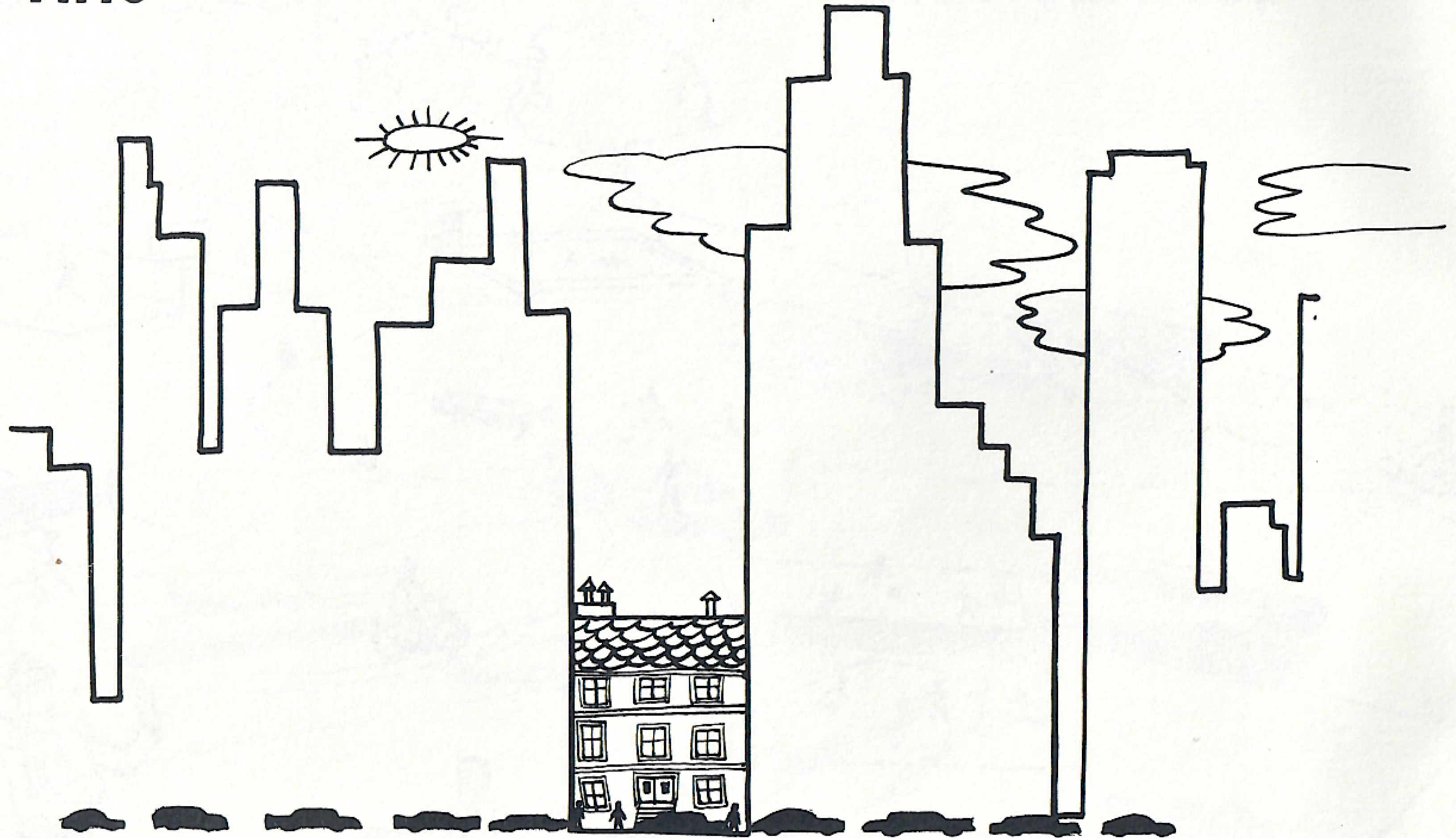


but like this

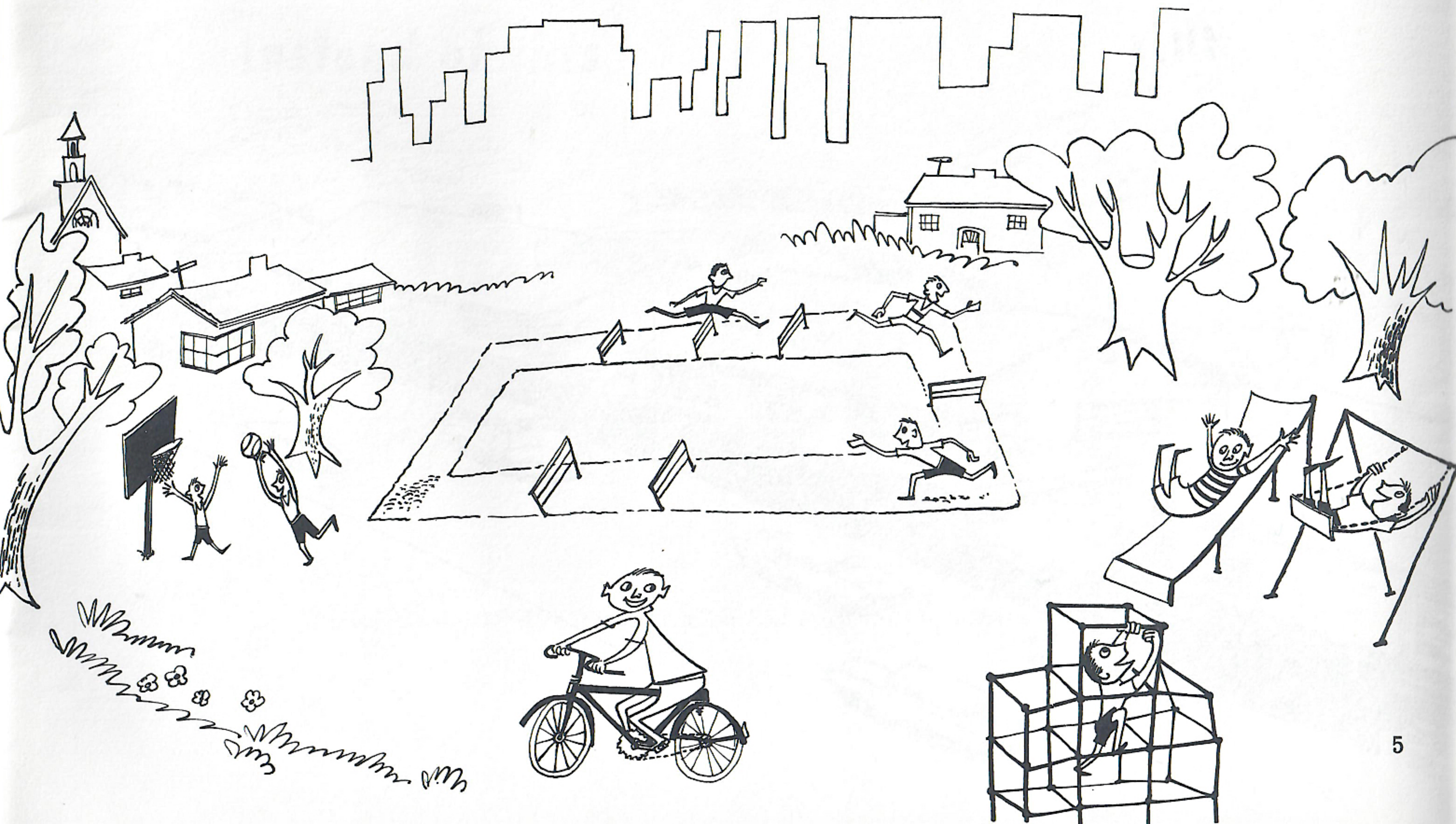


Urban Renewal

***is not helping Youth Fitness if it is just
this***

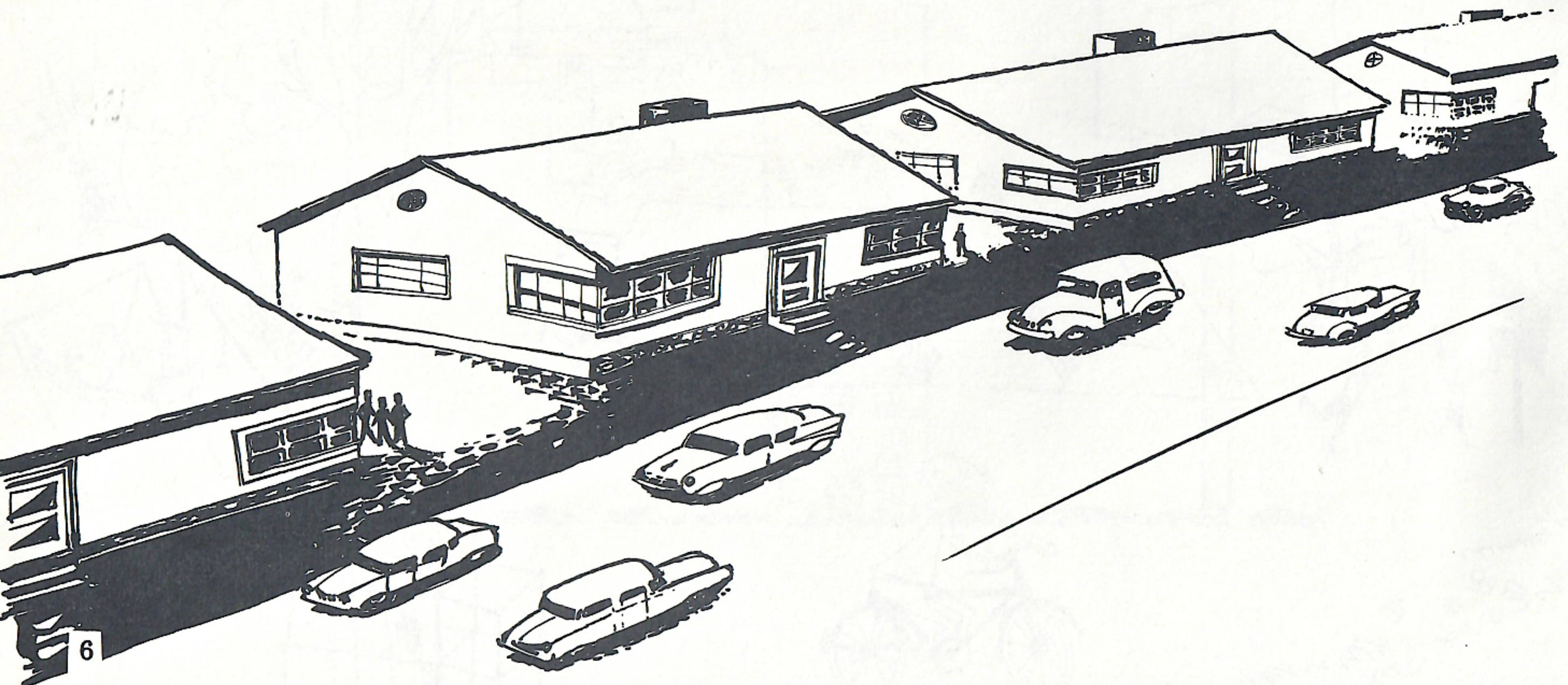


instead of this

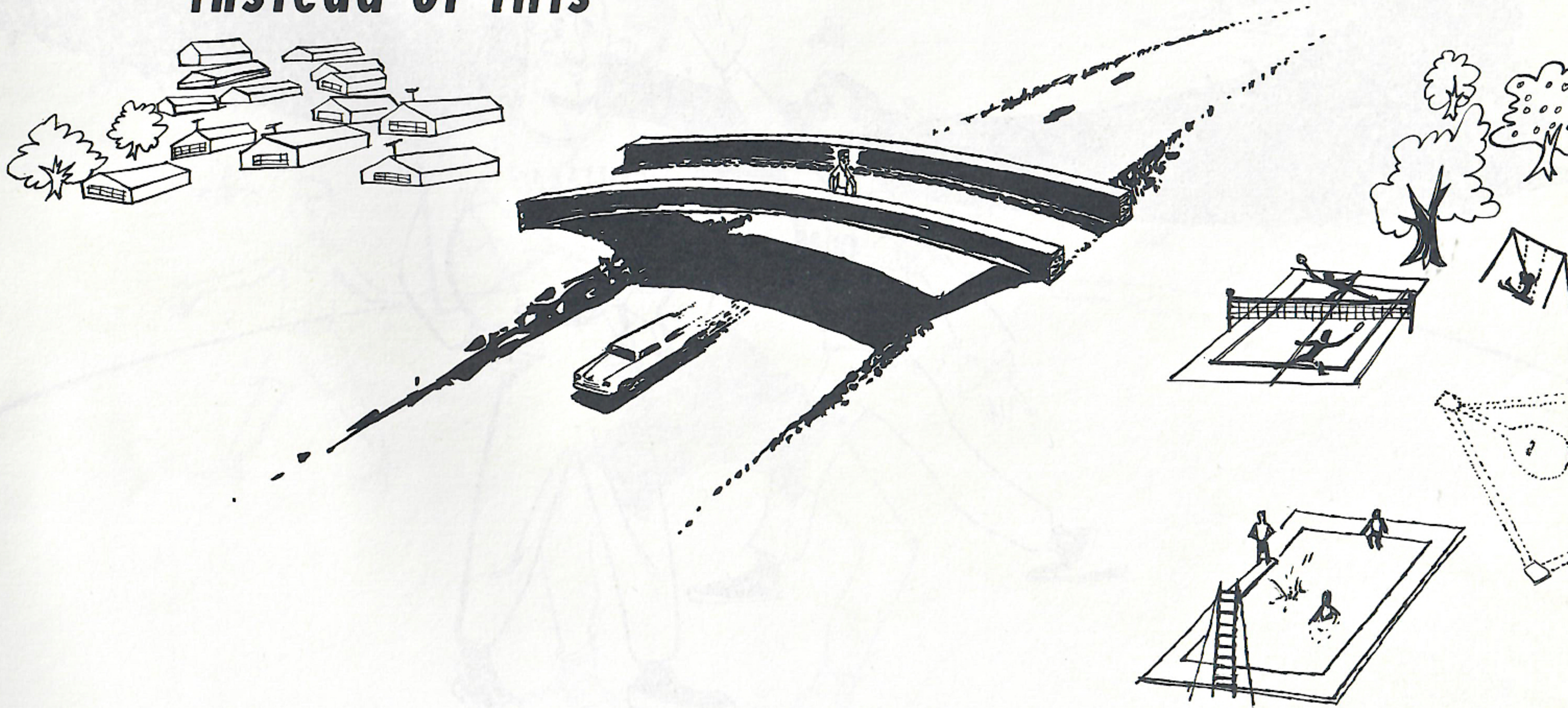


Suburban Developments

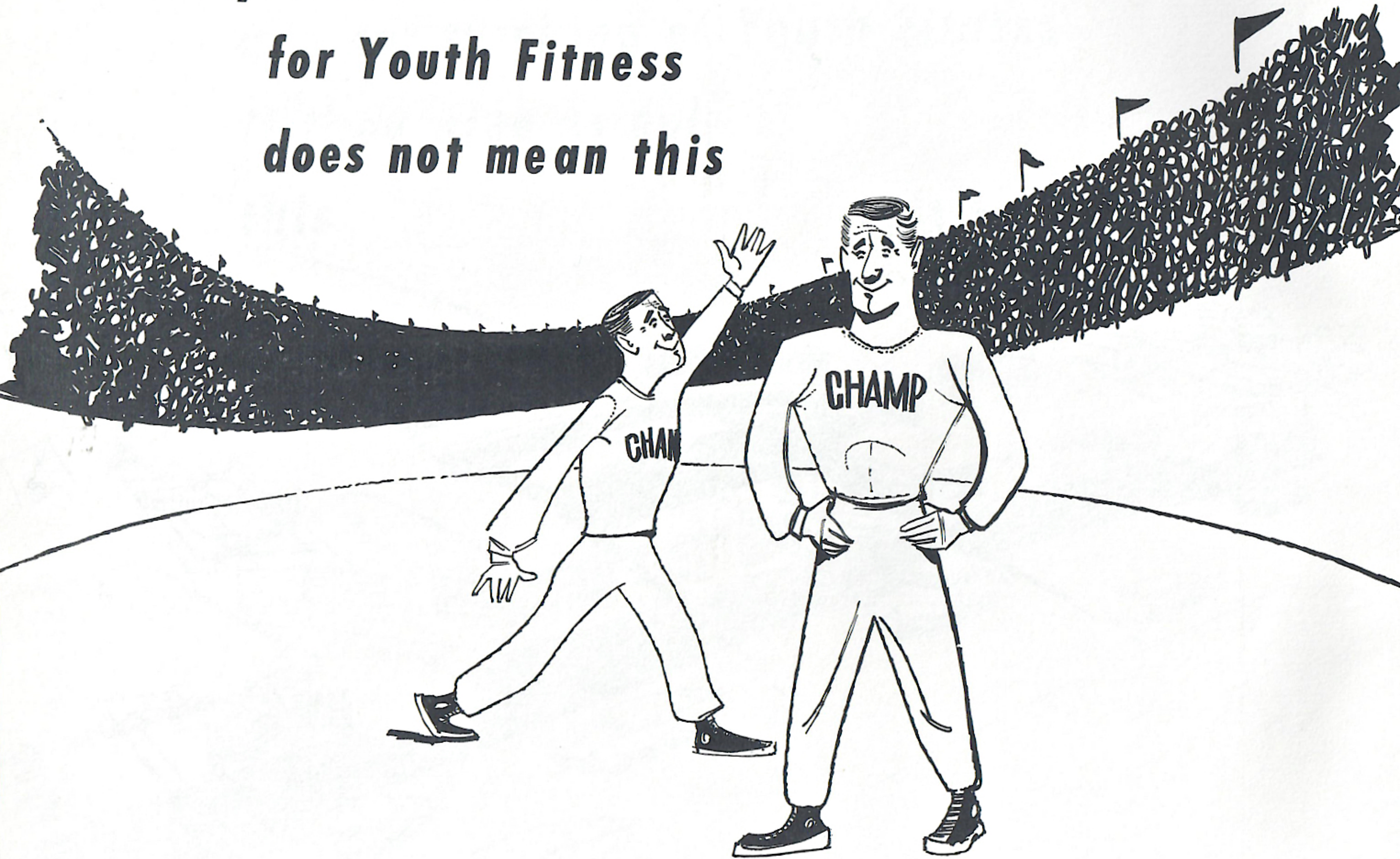
***are not thinking of Youth Fitness
if they give us only
this***



instead of this



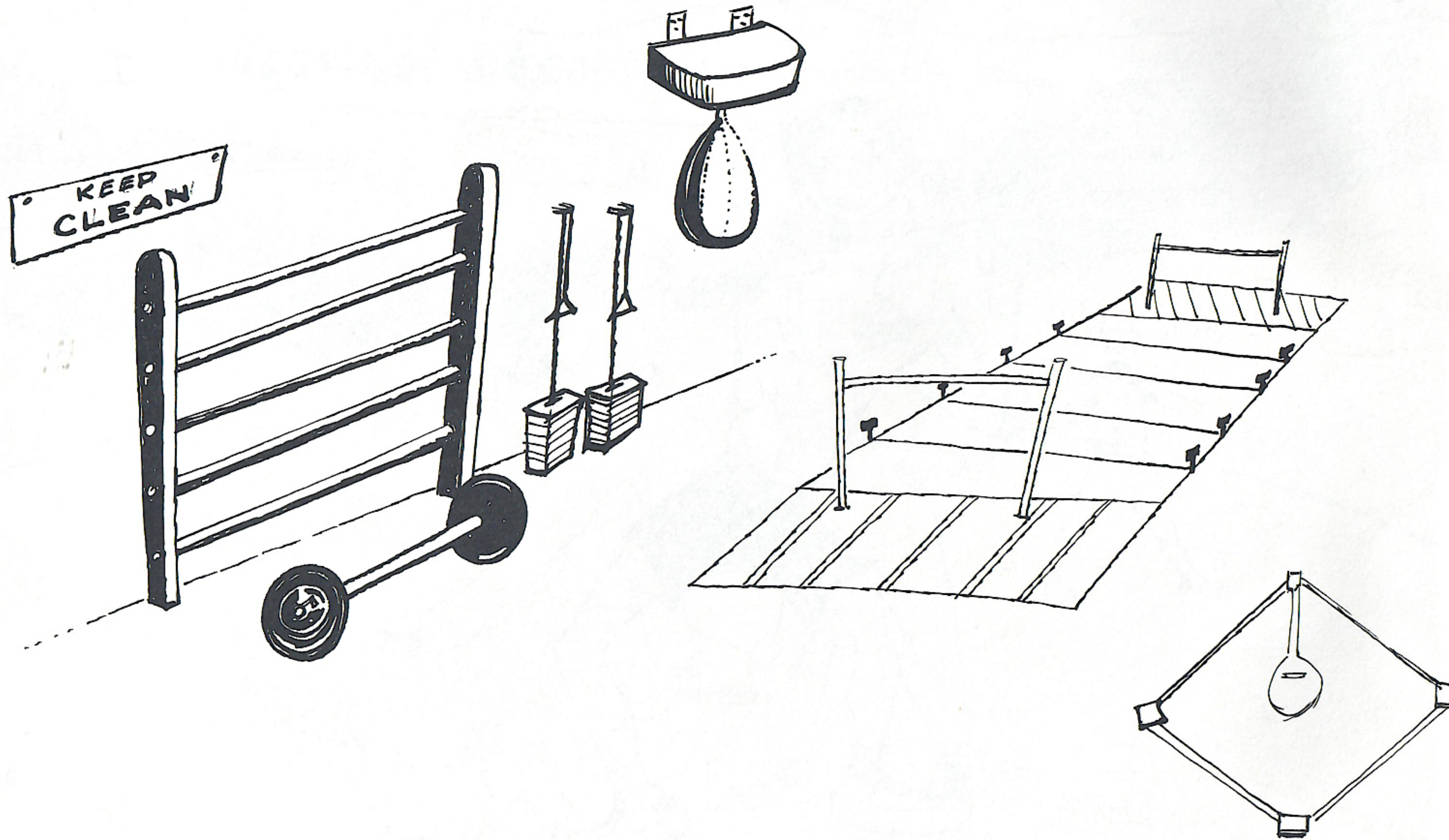
***Physical Education
for Youth Fitness
does not mean this***



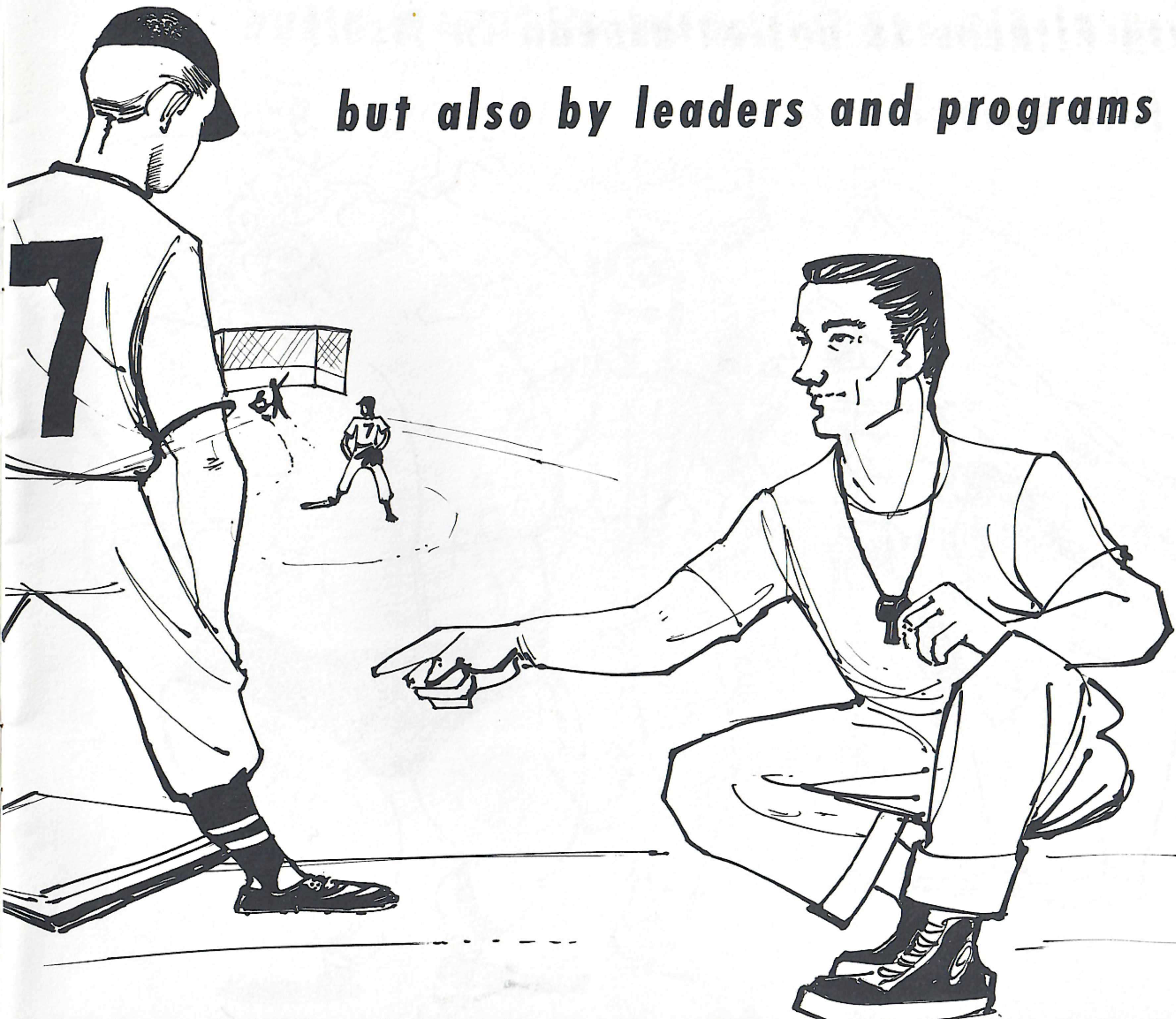
but this

A black and white line drawing of a man in athletic wear (a tank top, shorts, and sneakers) holding a basketball with both hands, looking towards the right. In the background, there is a large, open area with various sports activities: a person on a bicycle, a person on a skateboard, a person on a scooter, a person on a surfboard, a person on a diving board, a person on a tennis court, a person on a basketball court, and a person on a soccer field. The background is filled with dashed lines suggesting movement and activity. The overall scene is a collage of various sports and recreational activities.

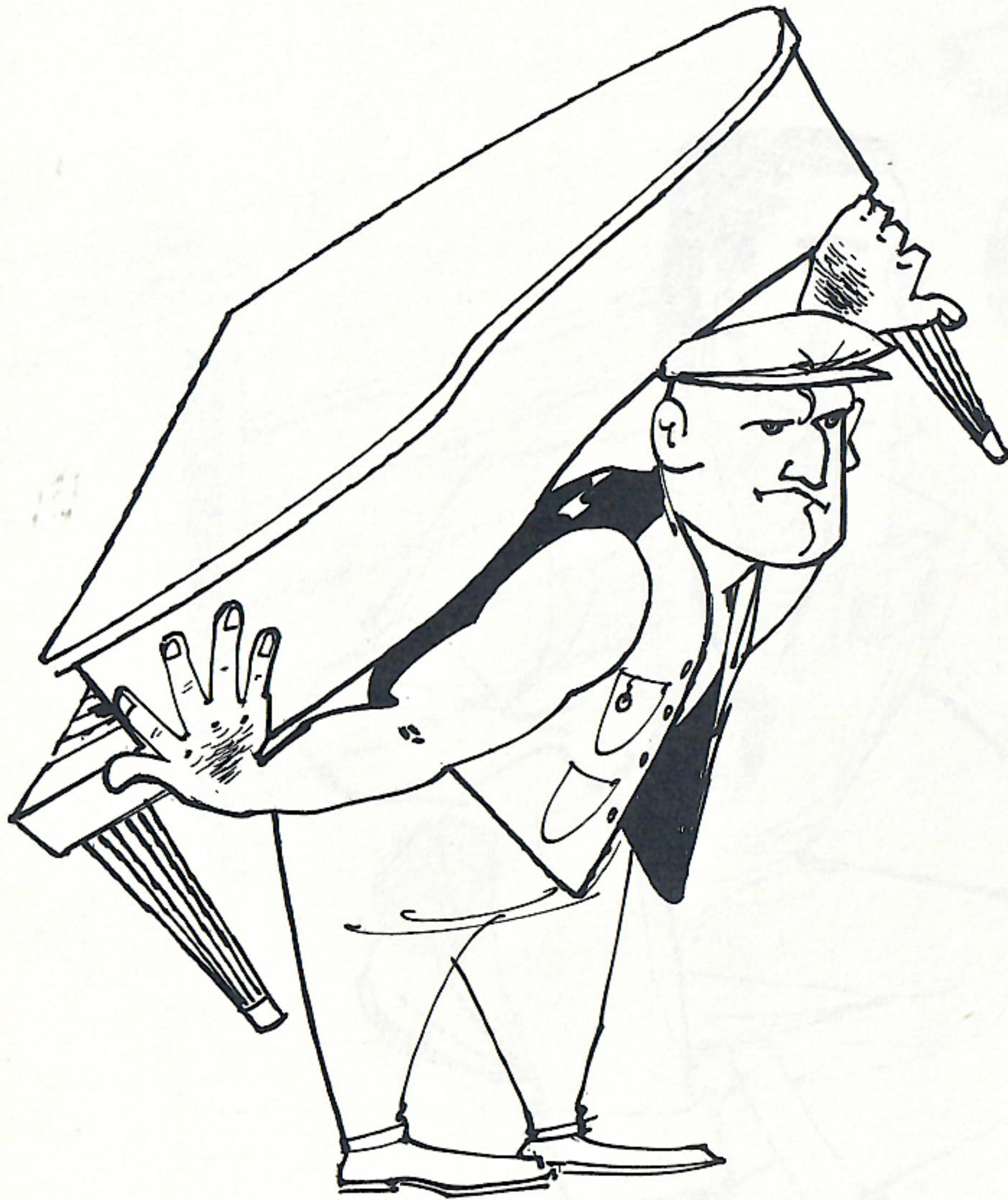
***Youth Fitness is not attained
just by facilities***



but also by leaders and programs



***Physical Fitness is not an end in itself
like this***



but a means toward living
--a sound mind in a sound body

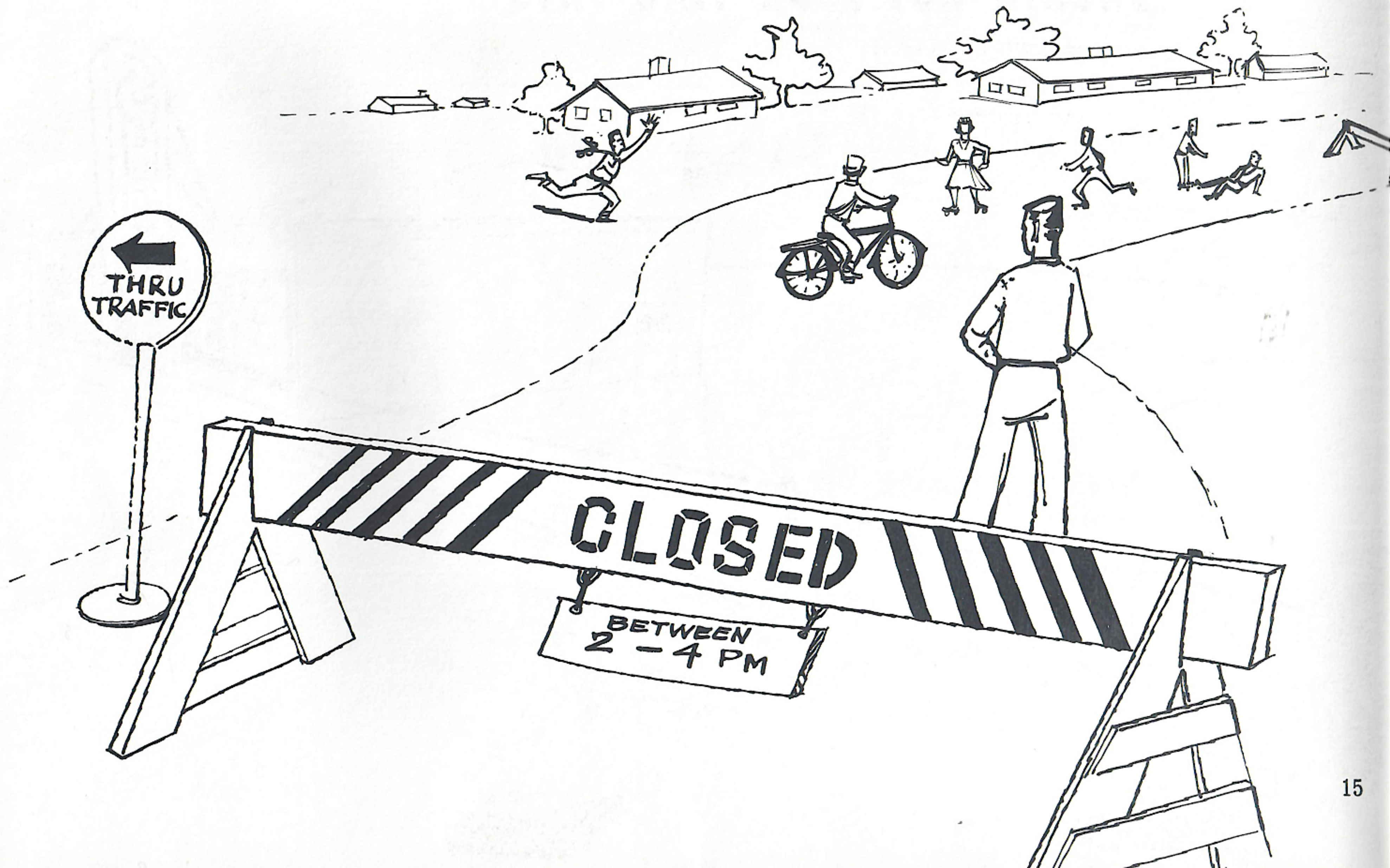


For Youth Fitness

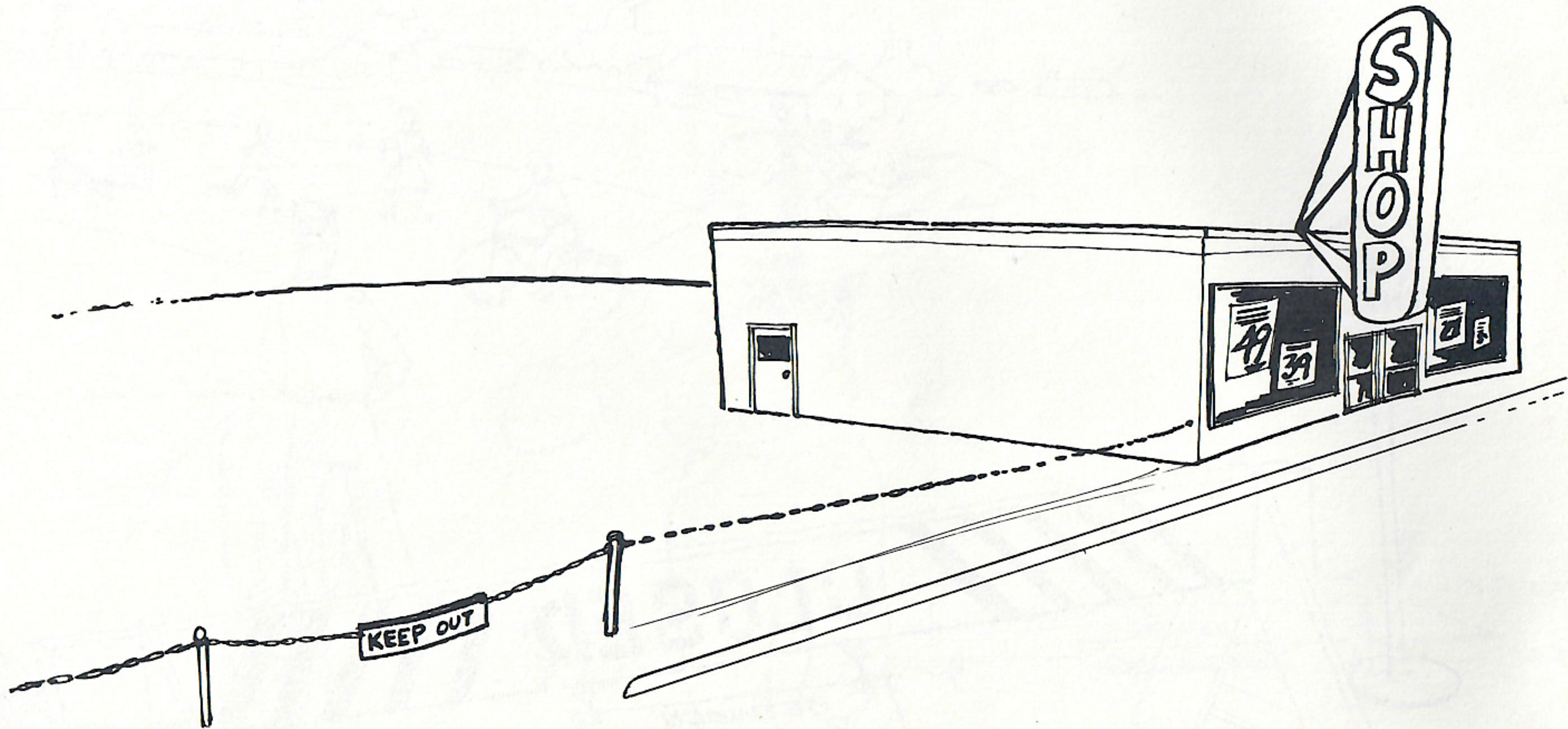
***the STREETS in residential areas should not
always look like this***



but sometimes like this



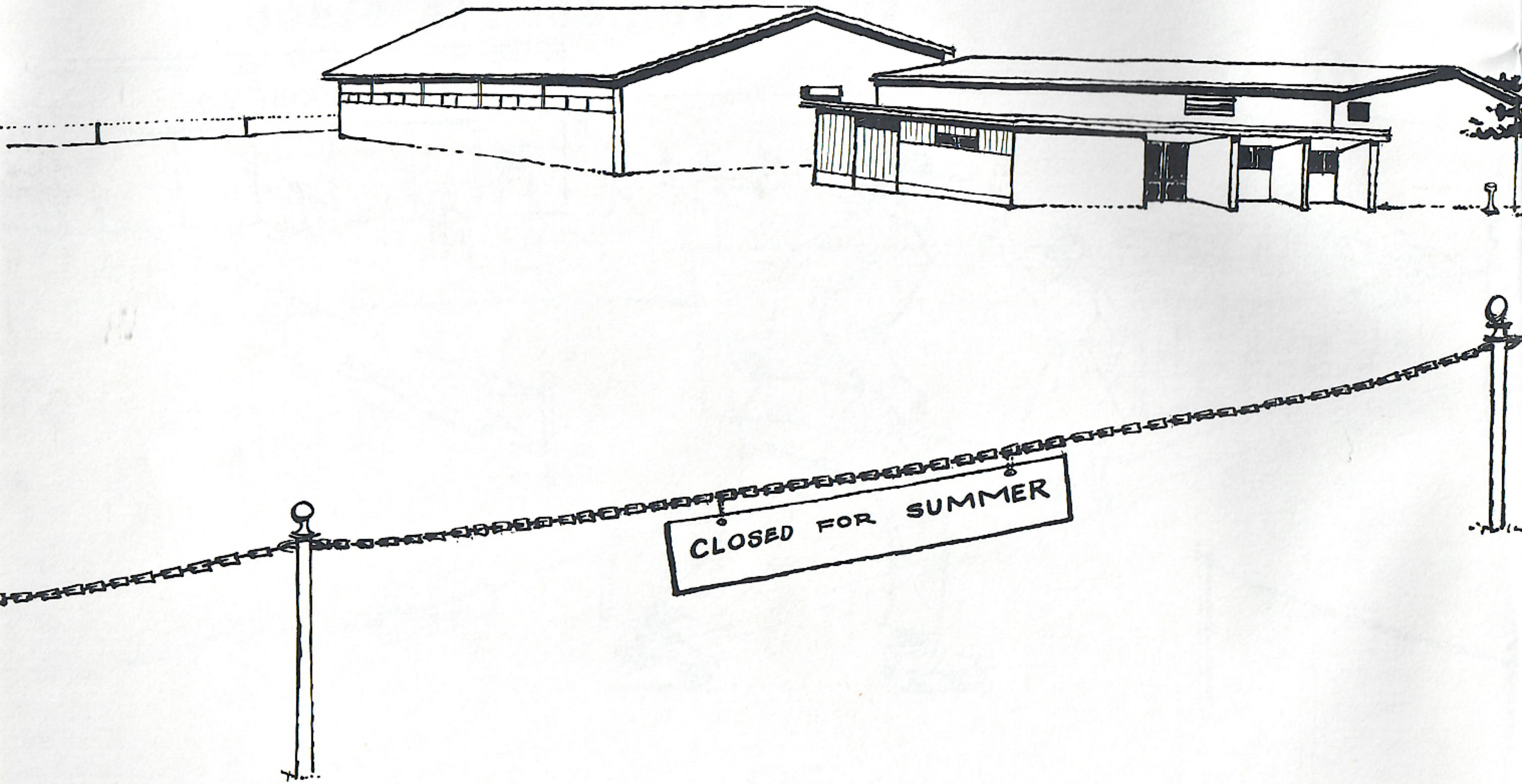
***For Youth Fitness activities
large parking lots at nights and weekends
should not look like this***



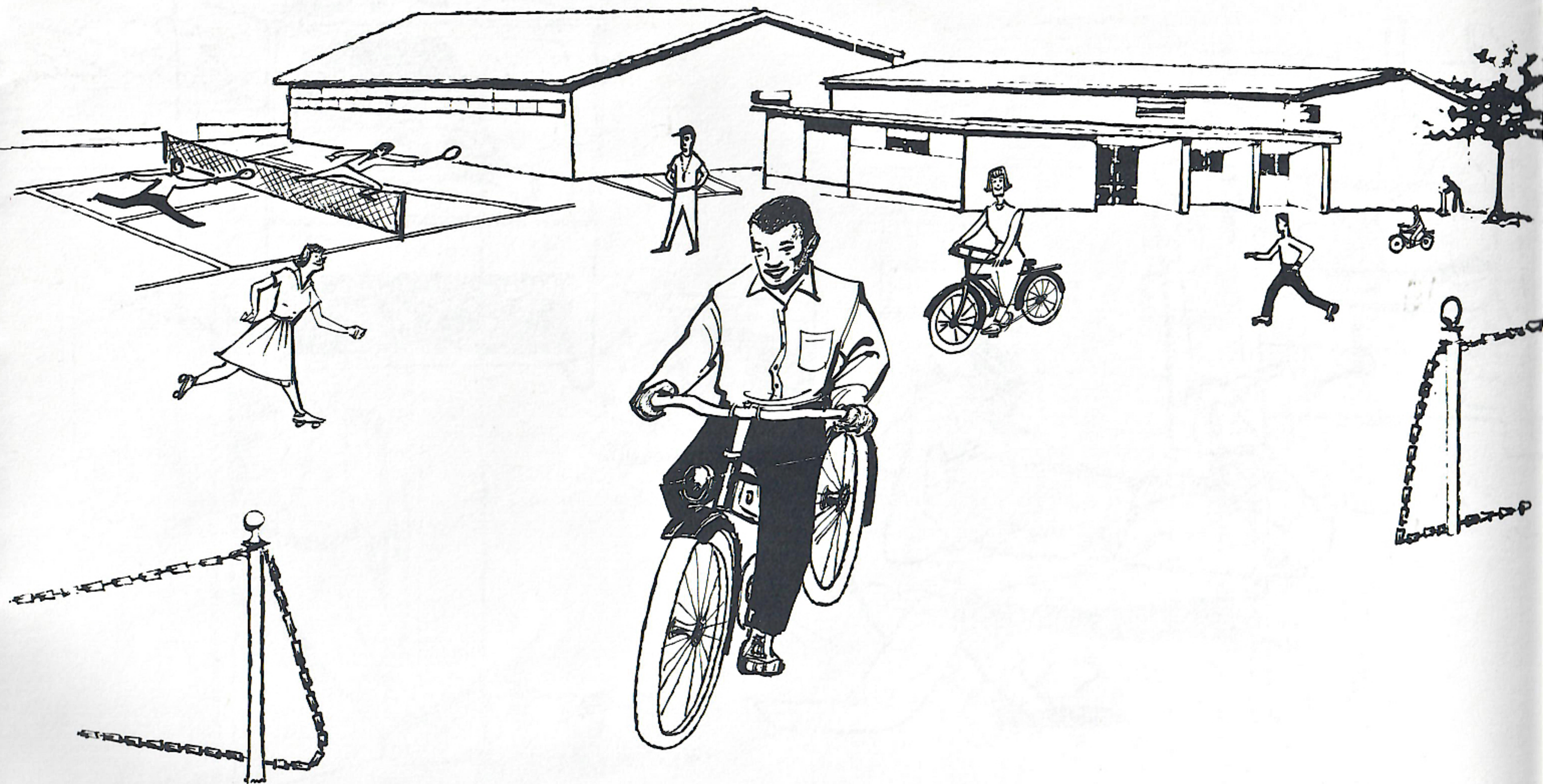
but like this



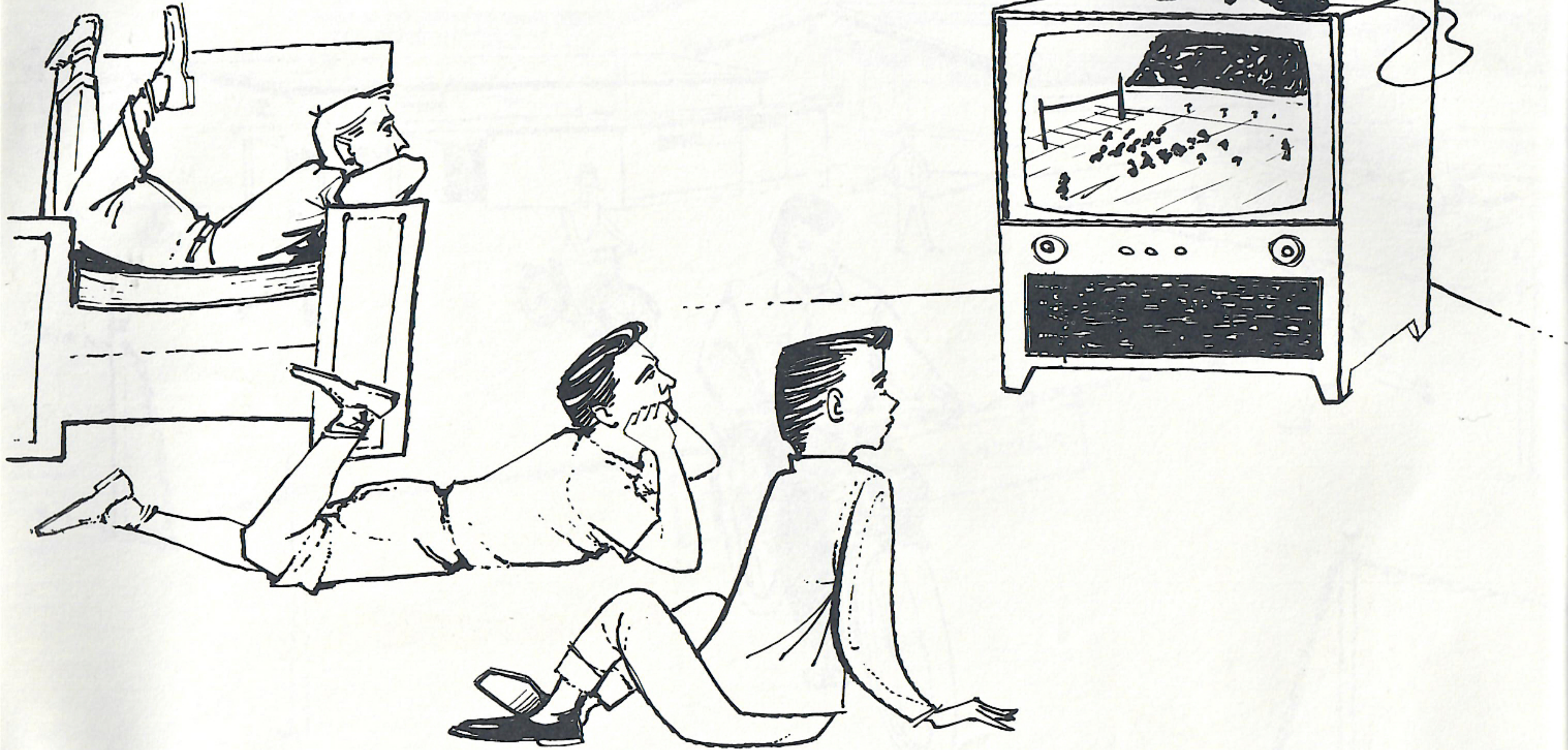
***Public schools should be community centers
for youth fitness and look—not like this***



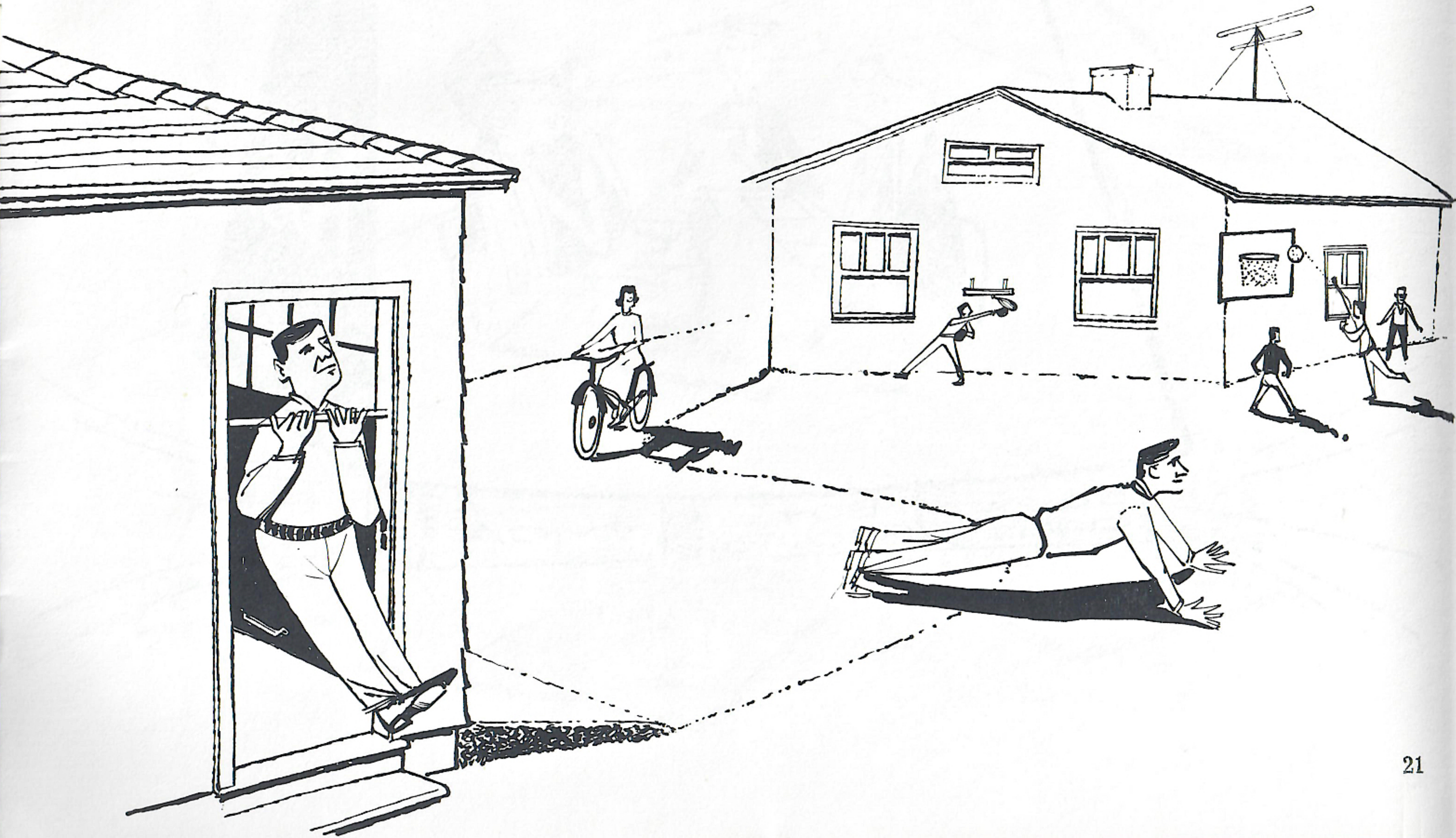
but like this



***For Youth Fitness
home habits should not be
just these***



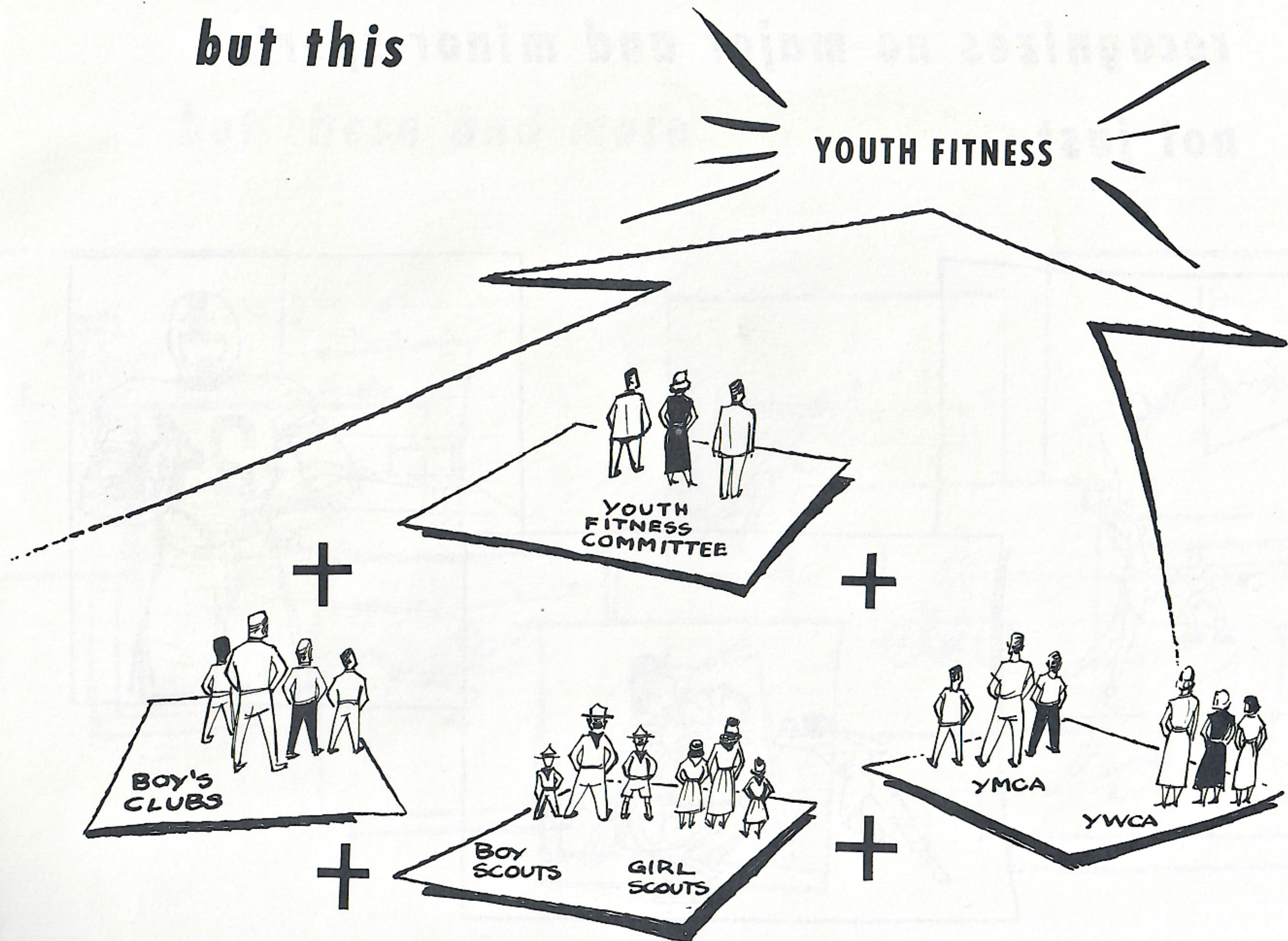
but also



**A Youth Fitness Committee is
not this**

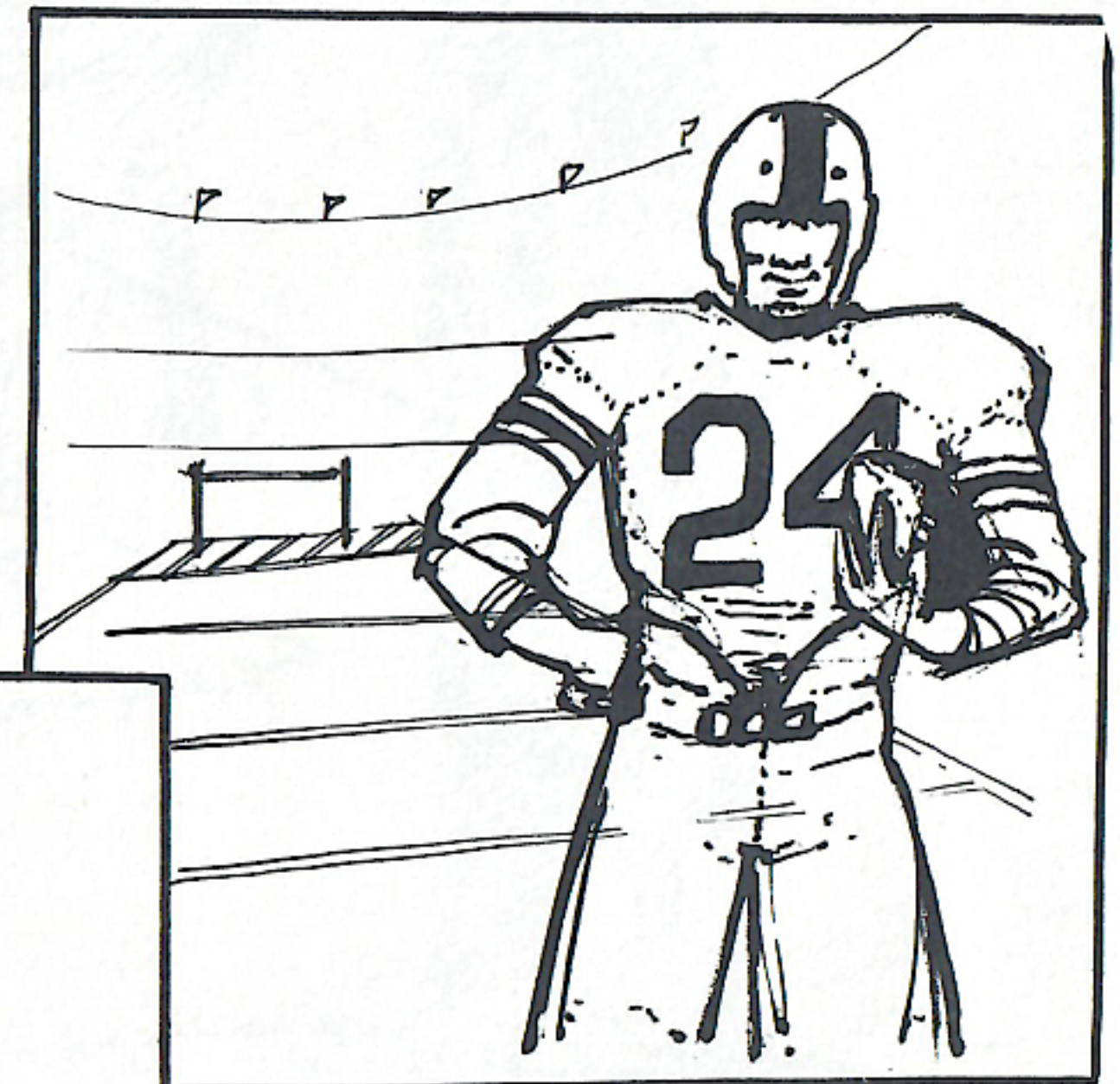
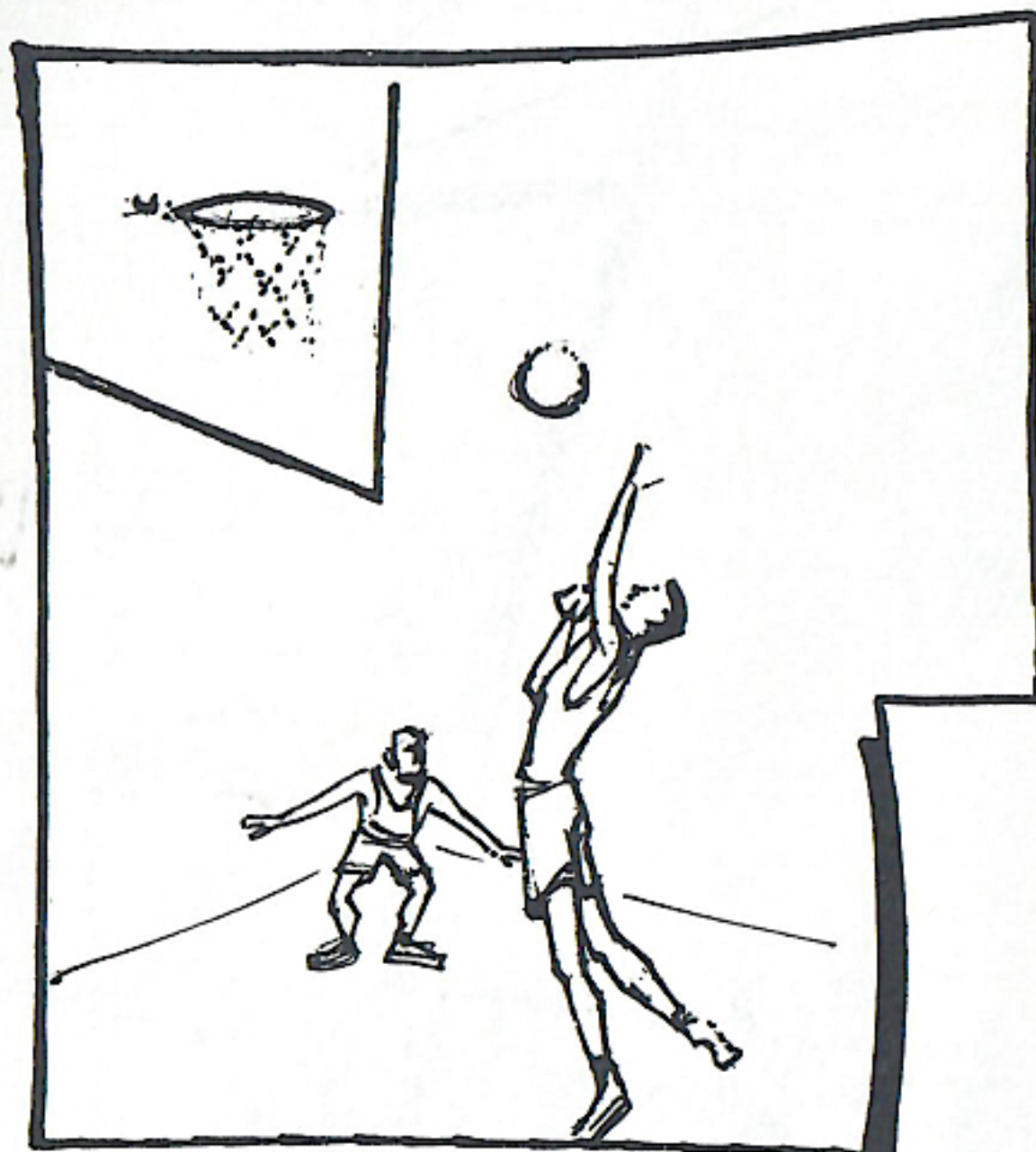


but this



Youth Fitness

***recognizes no major and minor sports
not just***



but these and more

